

*ESPN E:60 Documentary "Peace of Mind" Nominated for the 45th Sports Emmy® Awards*

[Ontario, 18th of April 2024] –

We are excited to announce that the compelling ESPN E:60 documentary, "Peace of Mind," has been nominated for a prestigious Sports Emmy® Award for "Outstanding Journalism". This nomination celebrates the documentary's impactful exploration of mental health treatment using psychedelic therapy among athletes.

Last year, ESPN followed professional athletes on their journey of healing with Wake.

With many of the athletes suffering from TBI (Traumatic brain injury), known to increase chances of depression and anxiety, Wake focused on a customised protocol of fungi medicine, psilocybin and therapy within our clinical retreat to help them to relieve some of their anxiety and depression they had been long suffering from.

ESPN's E:60 "Peace of Mind" takes viewers on a transformative journey, examining the intersection of sports, medicine, and mental health through the lens of psychedelic "magic mushrooms." The documentary features former professional athletes, including retired NHL player Riley Cote, who share their experiences with psychedelic therapy and its profound effects on addressing mental health challenges.

The ESPN E:60 documentary, produced by Kevin Van Valkenburg and Blake Foeman, follows Cote and a group of retired athletes during an intensive clinical retreat in Jamaica.

Engaging in therapeutic sessions involving psilocybin, the program provided a nuanced look at the history, science, and potential impact of psychedelics as medical treatments for athletes and beyond.

We are honoured by the Sports Emmy® nomination for "Peace of Mind" and congratulations the team at ESPN for their hard work making the documentary a reality.

This recognition highlights the societal changes occurring around mental health and the importance of exploring innovative approaches to mental health care within the sports community.

The Sports Emmy® Awards ceremony will take place on Tuesday, May 21st, at Jazz at Lincoln Center's Frederick P. Rose Hall in New York City. The nomination of "Peace of Mind" underscores its contribution to the dialogue surrounding mental health and sports.

#### About the Documentary "Peace of Mind"

"Peace of Mind" delves into the potential of psychedelic therapy in addressing mental health challenges among athletes. The documentary sheds light on personal stories and scientific insights that challenge conventional perspectives.

#### About Wake Network :

Wake leverages leading evidence based clinical research, coupled with medical professionals and leading technology to lead an effort that is evolving the landscape of how we tackle mental and holistic health.

By bridging the world's of ancient fungi and natural medicines with new digital wellness technologies, Wake's "WakeWell" platform is focused on providing a personalised approach to clients that provides a holistic approach to each client's mental and physical wellbeing. WakeWell is used by medical practitioners and patients worldwide to contribute to their betterment of health and provide a community approach to wellness.