



WAKE

Clinical Retreat Program 2023

www.wake.net/clinicalretreats



WAKE

Our mission is to create a world where natural psilocybin therapies are the primary support for mental health and wellness.



PSILOCYBIN THERAPY HAS SHOWN INCREDIBLE RESULTS

Anxiety and Depression

Mental health benefits from one dose of psychedelic drug last for years in people with cancer.

Approximately **60 to 80 percent** of participants met criteria for clinically significant **antidepressant or anti-anxiety responses at the 4.5-year follow-up**. Participants overwhelmingly — 71 to 100 percent — attributed positive life changes to the psilocybin-assisted therapy experience and rated it among **the most personally meaningful and spiritually significant experiences of their lives**.



Addiction

Magic Mushrooms' help longtime smokers quit. The **abstinence rate** for study participants was **80 percent after six months**, substantially higher than typical success rates in smoking cessation trials. Approximately 35 percent experience six-month success rates when taking varenicline, which is widely considered to be the most effective smoking cessation drug.



RILEY COTE
Former NHL Hockey Player
Brain Trauma
Philadelphia Flyers
Wake Clinic Patient



TESTIMONIALS

“My experience with Wake was truly transformative. Their program allowed me to dive deep into my subconscious and invite my pain and trauma to the table for a new conversation. Turning my pain into fuel rather than being a heavy weight to be ashamed of.”

JESS
Artist

Postpartum Depression
Venice, California
Wake Clinic Patient





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“There is an immense void in the mental health industry as we are looking to treat TBI and mental health disorders. My experience with the Wake Clinical Retreat and custom protocols to decreasing inflammation in the brain, is light years ahead of the industry.

I am thankful that Wake was able to provide me with not only a personal transformation but receiving custom clinical data on my physical and neurological well-being was an eye opener!”

CHRIS

Navy Seal Veteran, SEAL Team Six
12 Combat Deployments

Brain Trauma

Lowell, Indiana

Wake Clinic Patient





WAKE

“My experience with Wake provided me with such profound healing and realization, more than at least 15 years of continuous therapy could have provided.

I left feeling transformed; with joy in my heart and such hope for the future. For once in my life, I am excited to put in the work to be the best version of myself; to be a better mother, and a better partner.”

JENNIFER
Working Mother
Anxiety
New York, NY
Wake Clinic Patient





WAKE

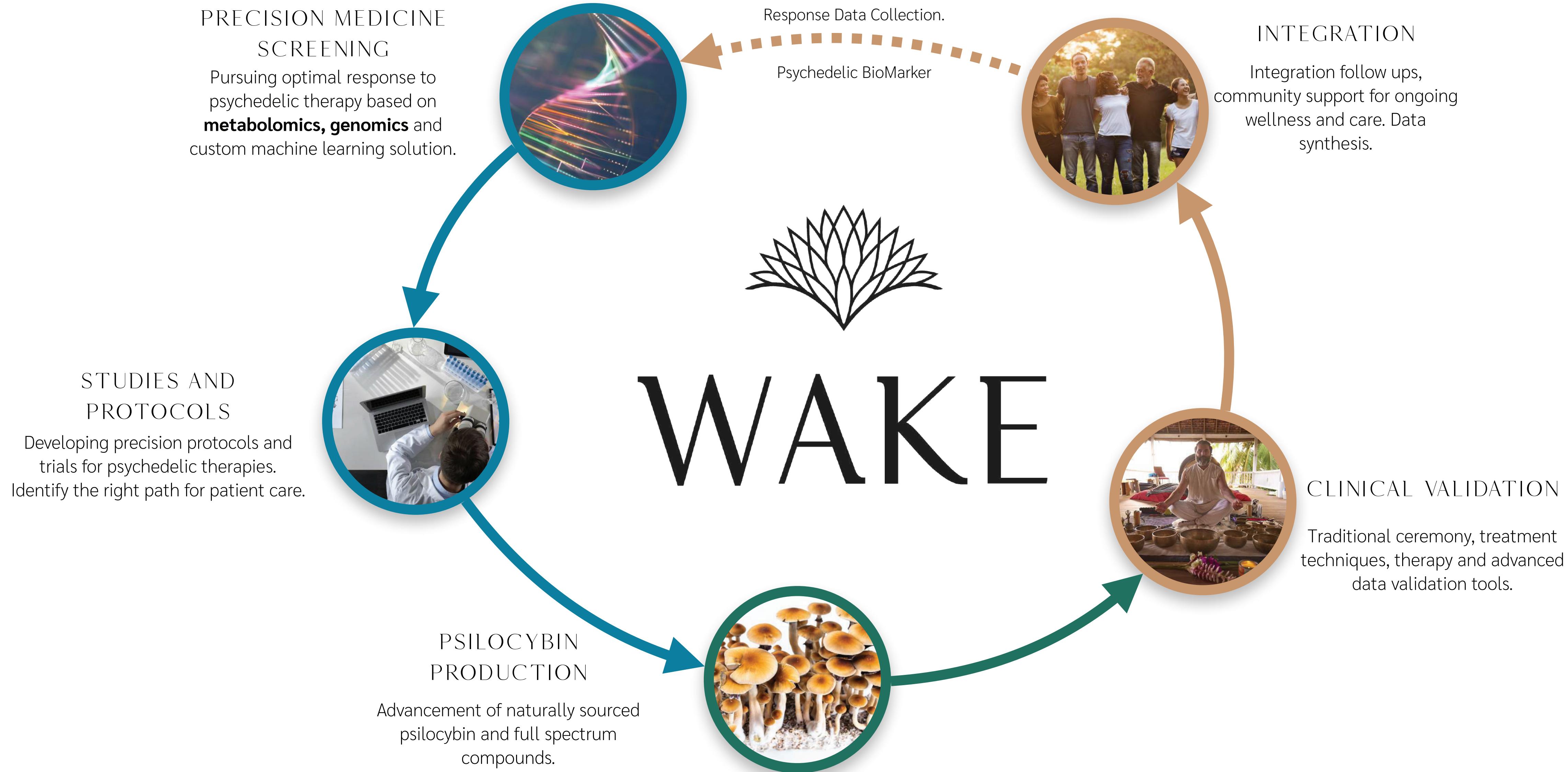
“The Wake Clinic provided me a sense of community and intimacy that I, like so many others, have been needing. It has allowed me to be more vulnerable and expressive with others, while also realizing the love and potential I have inside.”

ALEX
US Marine Veteran
PTSD + Anxiety
Denver, Colorado
Wake Clinic Patient



THE WAKE APPROACH

The Wake platform is designed with safety and intelligence, to become more personal and precise over time.



WAKE CLINICAL RETREAT PROGRAM





WELCOME TO JAMAICA

In collaboration with



Ministry of
Agriculture & Fisheries



MINISTRY OF
HEALTH &
WELLNESS



Ministry of
Culture, Gender,
Entertainment
and Sport

WAKE CLINICAL RETREAT



PSILOCYBIN IMMERSION CLINIC - LOCATION

Discover the authentic Jamaican experience and retreat at our remote, mountain top location overlooking the jungle and ocean of beautiful Jamaica. With panoramic views and mountain top breezes, this location offers the best environment for peace and serenity.

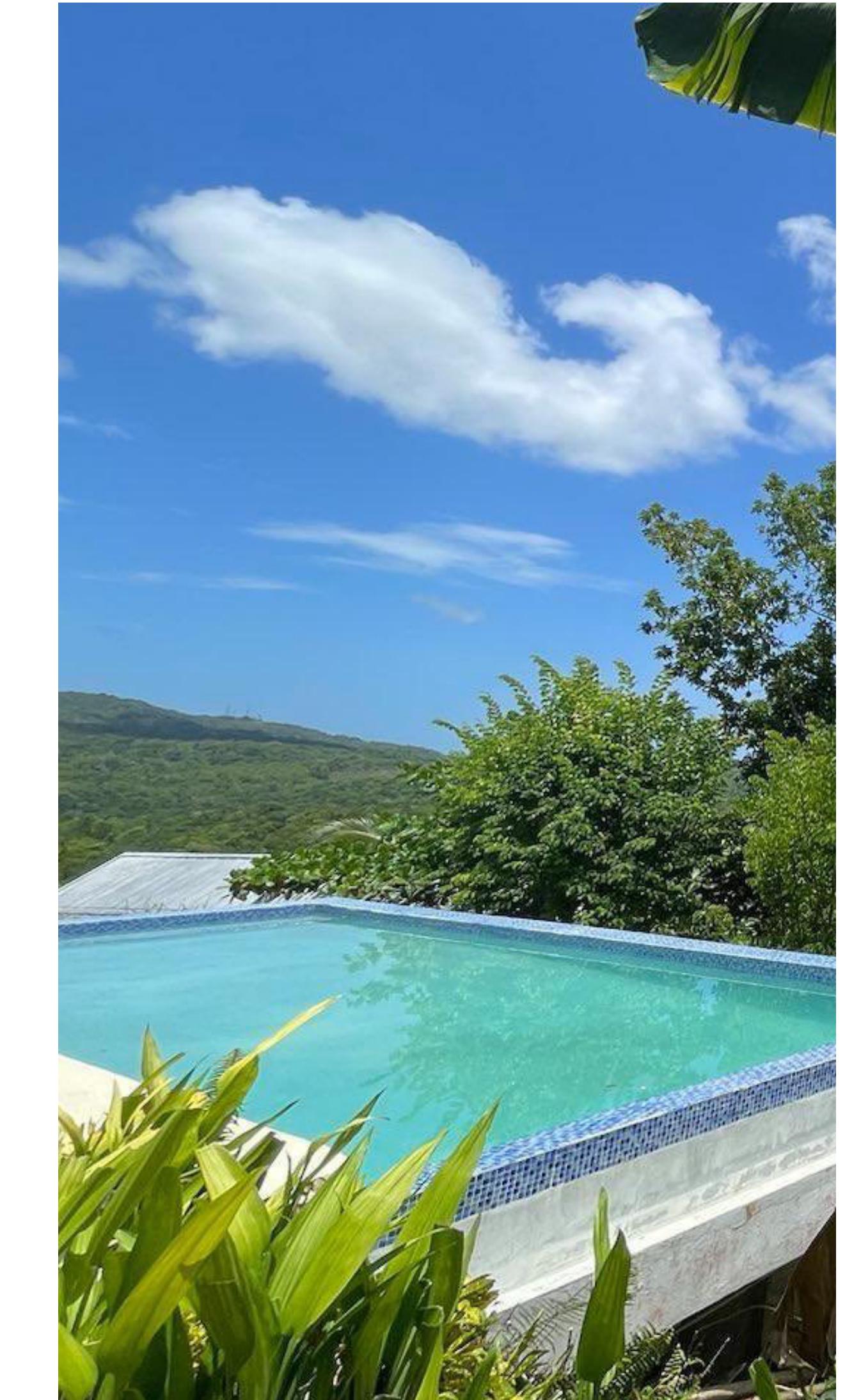
Our remote location is located in Ocho Rios on a private property in a gated community with 24-hour security. The main house is accompanied with a wrap around porch displaying panoramic views of beautiful sunrises and sunsets, you may even capture shooting stars traveling across the vast night sky.

If you're looking to escape from everyday life and spend time unwinding, relaxing and reconnecting to nature, this is the perfect setting.

This location offers the natural beauty of Jamaica with lush landscape featuring native fruiting plants. Enjoy picking fresh avocado, starfruit, sweetsop, passion fruit and more as you bask in the views from the properties infinity pool.

All rooms are en suite, with fitted showers and baths accompanied with a private deck.





DAY 1

TRAVEL / ARRIVAL

Time		
9am-5pm	Arrival to Great House	Shuttles from Montego Bay or Kingston
-		
-		
-		
-		
-		Food and Beverage available
-		
-		
5:30pm	Reception	
6:00pm	Dinner	Welcoming dinner
7pm	Fireside Discussion	Group discussion and share
9pm	Bed	Retire to suites



DAY 2

CEREMONY

Time		
7:00am	Yoga	20 Min Yin Yoga + 10 Min sound meditation
8:00am	Breakfast	Light breakfast, juices
10:00am	Group Activity	
12:00pm	Light Lunch	Light lunch, juices
2:00pm	Pre Ceremony Vitals	Blood pressure, pulse oxygen, EEG brain scan, Kernel scan, Blood (optional), HexoSkin monitoring in real time.
3:00pm	Intention Setting	With ceremony leaders and therapists
6:00pm	Psilocybin Ceremony Night	Psilocybin is taken
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-		
-		
10:00pm	Dinner	Evening meal then retire to Suites



DAY 3

CEREMONY

Time		
10:00am	Breakfast	Light breakfast, juices
11:00am	Group Integration	
12:00pm	Individual Integration	
1:00pm	Pre Ceremony Vitals	Blood pressure, pulse oxygen, EEG brain scan, Kernel scan, Blood (optional), HexoSkin monitoring in real time.
3:00pm	Psilocybin Ceremony Day	Psilocybin is taken
4:00pm	Group Dinner	



DAY 4

DEPARTURE

Time		
7:00am	Yoga	1 Hr Vinyasa + Breathwork class + cold plunge
8:00am	Group Integration	
10:00am	Depart	

